



**PENINSULA HEALTH CARE DISTRICT AND THE PARENT VENTURE ANNOUNCE NEW PARTNERSHIP TO BUILD A COMMUNITY OF SUPPORT FOR PARENTS**

**October 30, 2020 - Burlingame, CA-** The Peninsula Health Care District (PHCD) is pleased to announce our new partnership with *The Parent Venture*, a leading provider of educational and convening events, to promote behavioral health wellness for parents, students, teachers, clinicians and others affiliated with the K-12 school districts within the Peninsula Health Care District. [Burlingame, Hillsborough, Foster City/San Mateo, Millbrae, San Bruno Park] PHCD is offering these opportunities at no cost to participants.

**Educational activities (virtual)** will be provided by experts in psychology, health, and education and will cover a wide range of topics such as Strengthening Communication with Your Child or Teen, Helping Children and Teens Lead Lives of Purpose, How to Support Your Child's Mental Health, The Self-Driven Child, and Fostering Creativity and Innovation in an Uncertain World.

**Monthly Parent Cafes (virtual)** will provide parents the opportunity to engage with other parents in large and small chat rooms to share experiences and receive support. These will be offered in multiple languages.

**The Parent Venture's Video Library** will provide access to over 50 educational and support videos (in Spanish and English) led by behavioral health and psychology experts.

"COVID has created an extra level of stressors for the school community, especially for parents, making the need for innovative, accessible, inclusive supports for families greater than ever. We are excited for this new partnership with The Parent Venture which continues our nearly decade-long work with our school district partners on improving and promoting well-being and mental health for children and families," said Lawrence W. Cappel, PHCD Board Chair.

Charlene Margot, Co-Founder and CEO of The Parent Venture said, “Parents are now more than ever seeking knowledge and ways to build a community of support. Through this new partnership, we will be able to impact thousands of parents and families with high-quality education programming and meaningful engagement opportunities”.

**About the Peninsula Health Care District:** Founded in 1947, the Peninsula Health Care District serves the communities of San Bruno, Millbrae, Burlingame, Hillsborough, San Mateo and Foster City by supporting the unique health and wellness priorities of our Peninsula communities, and safeguarding access to health services, today and in the future. PHCD fulfills its commitment by investing in priority health needs today while planning for tomorrow, supporting local health-focused organizations and programs, and oversight of District assets and infrastructure. To learn more about PHCD, visit [www.peninsulahealthcaredistrict.org](http://www.peninsulahealthcaredistrict.org)

**About The Parent Venture:** Founded in 2006 as The Parent Education Series, this non-profit organization has reached over 80,000 parents on critical issues—mental health, substance use, digital media, college admission, and more—that impact the health, safety, and well-being of children and teens. Through high-quality presentations, workshops, and films, families acquire the knowledge, skills, and strategies they need to support positive parenting practices. To learn more, please visit The Parent Venture website at <https://www.parentventure.org/>