NEW OPPORTUNITY FOR YOUTH 16–25 INTERESTED IN Mental Health Advocacy

Purpose and Overview
The Peninsula Health Care District (PHCD) Youth Advisory Group will ensure that youth voice is at the forefront of Peninsula Health Care District’s initiatives relating to youth and young adults. The Youth Advisory Group (YAG) will help PHCD gain an understanding of young peoples’ needs and opinions to help develop an innovative and new integrated youth mental health center in the community.

Application and Selection Process
Interested youth/young adults should fill out and submit the PHCD Youth Advisory Group application, due August 21, 2020 with interviews starting on August 31, 2020. Qualified candidates will be invited to a 1-on-1 interview with members of the planning team. Members will be selected based on the following criteria:

• Youth between the ages of 16 and 25 with an ability to commit 4 to 6 hours per month over 12 months, including monthly YAG meetings and community projects.
• Live in San Bruno, Millbrae, Burlingame, Hillsborough, San Mateo, or Foster City.
• Interested in becoming an active community advocate for youth mental health.
• Committed to raising awareness, reducing stigma, encouraging help seeking behaviors, and educating the broader community about youth mental health.
• Diverse representation of youth across socio-economic status, race/ethnicity, gender identity, sexual orientation, ability, lived experience of mental health, etc.

Responsibilities of Advisors
• Commitment to 4-6 hours per month over 12 months (August 2020-June 30, 2021), including monthly Youth Advisory Group Meetings and community education activities.
• Inform the development of a new allcove center and related programs in the District (allcove.org for more information) and participate in site visits for potential locations.
• Brainstorm ideas on how PHCD programs can best serve young people.

Membership Benefits
• Meet and work with others who are passionate about mental health.
• Help shape the development of new and innovative mental health services for young people.
• Receive a $25 gift card for each YAG monthly meeting attended (does not include community presentations).

For more information, please contact:
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