



**Board of Directors  
COMMUNITY HEALTH INVESTMENT  
COMMITTEE MEETING  
Wednesday, October 11, 2023  
5:00 - 6:30 PM**

**Join Zoom Meeting**  
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j/89788579763?  
pwd=YkFRR2ZXRHRPOXhNaF  
RyRnRkdnNtUT09](https://us02web.zoom.us/j/89788579763?pwd=YkFRR2ZXRHRPOXhNaFRyRnRkdnNtUT09)  
**Meeting ID:**  
897 8857 9763  
**One tap mobile:**  
+12532158782/  
+12678310333

**A G E N D A**

- 1. Call to Order**
- 2. Review & Approval of Minutes: August 7, 2023**
- 3. Letters of Interest**
  - A. Q2 Summary
  - B. Review Grid
  - C. Organizations to Move Forward
- 4. Zengine (Online Portal) Refresher**
- 5. Next Steps:**
  - A. Applications due October 26
  - B. Application Review Begins on October 27
  - C. Application Review Completed on November 13
  - D. Next CHIC Committee meeting on November 20



## **COMMUNITY HEALTH INVESTMENT COMMITTEE**

### **MEETING**

**Monday, August 7, 2023**

**5:30 - 6:30 PM**

### **Minutes**

**1. Call to Order:** Chair Navarro called the meeting to order at 5:30pm. CHIC members present were: Navarro, Sanchez, Baker, Neider, Martinez, Durazo, Lund

### **2. Welcome & Introductions**

During the introductory session, both the esteemed Board members and the dedicated Community Committee members had the opportunity to introduce themselves. They shared their professional backgrounds, spanning from healthcare administration to community outreach, underscoring their unwavering dedication to public service. Each member conveyed their heartfelt commitment to addressing the healthcare needs of the community, highlighting their personal reasons for joining the District.

### **3. Review 2023 Community Health Investment Fund Expenditures**

**CEO Pulido** presented a breakdown on the Community Health Investment Fund Expenditures.

#### **A. Impact Partners Program**

Budget - \$742,000

Total Awarded - \$715,000 (4 Organizations)

Focus Areas – Preventive Health & Healthy Aging

#### **B. Community Grants Program**

Budget - \$1,158,000

Total Awarded - \$1,140,000 (39 Organizations)

Focus Areas – Preventive Health, Healthy Aging, Mental Health

#### **C. Healthcare Workforce Tuition Assistance Program**

Budget - \$50,000

Total Awarded - \$0

#### **D. Discretionary Funds - Small Grants & Events/Sponsorships**



Budget - \$25,000  
 Total Awarded - \$5,000 (1 Organization)  
 Focus Area – Preventive Health

**4. 2024 Grant Cycle**

**A. Community Health Investment Committee Charge**

The Committee acts as an advisory body to the Board by identifying and vetting opportunities to invest public funds in programs and services that will address the health needs of its constituents. The Committee’s work is guided by the Board’s vision, mission, and strategic direction and helps to ensure the District’s investments address priority needs and achieve measurable improvements in the health outcomes of its residents.

**B. Community Grant Program Policy, Eligibility, Funding Priorities**

The Peninsula Health Care District exists to address the health needs of their residents. It carries this out through a vigilant monitoring of resident health and seeks opportunities to promote health, ensure access to needed health services, and achieve equity in health outcomes. It achieves this through a variety of health investment strategies from directly providing services and facilities to partnering with service providers through funding support to community-based organizations that address the identified needs of District residents. The Community Grants Program is one of the overall District community health benefit strategies established to recognize and support the essential contribution non-profit organizations make to the health ecosystem.

**C. 2024 Budget**

Community Grants Budget 2024	
<b>Impact Partnership Grants (3-Year Grants)</b>	\$ 742,000
Samaritan House	\$ (320,250)
Mission Hospice	\$ (173,250)
Teen Van	\$ (175,000)
Ombudsman	\$ (73,500)
<b>Impact Partnership Grants Available Funds</b>	<b>\$ -</b>
<b>Community Grants (1-Year Grants)</b>	<b>\$ 1,183,000</b>
San Bruno Parks Wellness Coordinator	\$ (75,000)
<b>Community Grants Available Funds</b>	<b>\$ 1,108,000</b>
<b>Community Support Funds (Discretionary Funds)</b>	<b>\$ 75,000</b>
Contributions and Sponsorships	\$ (50,000)
Small Grants	\$ (25,000)
<b>Community Support Available Funds</b>	<b>\$ -</b>
<b>Total Available for 2024</b>	<b>\$ 1,108,000</b>

**D. LOI Review Process**

*Letter of Interest Screening Criteria Ideas*

1. Organization’s name
2. Serves PHCD residents



3. Addresses one Focus Area
  - Healthy Aging - socialization & connectivity
  - Mental Health - prevention services & programs
  - Preventive Health – education, nutrition, screenings & healthy living
  - Health Equity – increasing health care access
4. Clear, strong program description and associated activities
5. Request within range - \$10-60K
6. How funds will be used
7. Total budget - involves leverage additional funding to support the program
8. Location program will take place (city and zip codes)
9. Demographics of community to be served
10. How the program will address health disparities
11. Projected number of people to be served with this funding request
12. Percentage of the projected number reside in PHCD
13. Measurable outcomes
14. Q2 report submitted on time
15. Collaborate with other agencies or local government
16. Will requested funds launch, maintain or expand this program
17. Measurement tools used to track impact
18. Organization’s history with PHCD

#### **E. Committee Meeting Schedule & Work Plan**

##### *Community Health Investment Committee - 2023 Meeting Schedule & Work Plan*

- **Monday, August 7, 2023, 5:30pm - Meeting #1 (1.0 hours)**
- **Monday, October 2, 2023, 5:30pm - Meeting #2 (1.5 hours)**
- **Thursday, October 26 – Applications due**
- **Friday, October 27 – Application review begins in Zengine**
- **Monday, November 13 – Application review completed**
- **Monday, November 20, 2023, 5:00pm - Meeting #3 (2.5 hours)**

#### **Q & A with CEO Pulido**

##### ***Will the new CHI Director collaborate with you on the small grants and sponsorships?***

Once the new Strategic Initiatives Director is hired, we will work together on the small grants and sponsorships.

##### ***Where are you currently in the hiring process?***

We are in the initial stages of the hiring process, and the first round of interviews is scheduled for this week. We are optimistic about finding a suitable candidate.

##### ***Can you provide information on the utilization of available funds in the last year?***

Approximately \$1.9M out of the total \$2M was utilized last year.



***In the past, there have been organizations that submitted multiple grant applications for different initiatives. Will organizations be permitted to submit more than one application?***

Currently, it is stated that only one grant per organization is allowed.

**Chair Navarro** commented that he would like to put forth a proposal to redirect the \$50,000 that was originally set aside for the Health Education Support Program towards the CHI fund. The aim is to allocate these funds towards the grants program, as there hasn't been an applicant for this particular funding in quite a while. Additionally, Chair Navarro proposed a new system for organizing grant recipients into tiers, taking into account their seniority within the program. This would entail the introduction of one, two, and three-year tiers, allowing for a more comprehensive review and due diligence process for new grantees applying for one-year grants. By implementing this approach, the staff would have ample time to thoroughly assess the potential of each applicant.

**Vice-Chair Sanchez** commented that it is important to consider how the tiers would function, as longer tiers would naturally result in fewer funds being available in subsequent years for new organizations applying for grants.

**Mary Lund** recommended that the "General Operating Support" section in the Grants Guidelines & Eligibility be more specific, requiring organizations to clearly outline how the funds would be allocated. This would enhance transparency and accountability in fund usage.

**Bryan Neider** suggested hosting a workshop organized by the District to aid smaller organizations that may face resource constraints in preparing their grant proposals. The workshop would provide guidance and assistance in navigating the application process, ensuring these organizations receive the necessary support.

**CEO Pulido** stated that she would look into the possibility of setting up a workshop to support organizations from the initial submission of their Letters of Intent (LOIs) through the entire application process.

**Chair Navarro** updated the committee, stating that the meeting scheduled for Monday, November 20th will now commence at 5:00 pm, instead of the previously announced time of 5:30 pm.

## **5. Committee Bios and Photos**

## **6. Adjourn: Chair Navarro adjourned the meeting at 6:37 pm**

Written by: Voula Theodoropoulos

Approved by: \_\_\_\_\_  
Navarro, CHIC Committee Chair

Orange - new organization; Green - 2 year grant proposal							
Organization Name - Program Title	Funding Request	Awarded Prior Yr.	Years of Funding	Report Submitted	Focus Area	Service Area	Program Description
AbilityPath - Adult Day Program	\$60,000	\$50,000	8	Yes	Preventive	Burlingame, Daly City	Adult Day program that serves individuals with intellectual and/or developmental disabilities. Funding will expand program and be used to purchase program supplies , admission fees to utilize community kitchens and attend fitness classes, and cover a portion of the budgeted salary expenses for program management.
AbleCloset - Medical Equipment Program	\$25,000	N/A	N/A	N/A	Preventive/ Equity	Primarily San Mateo County (San Carlos, Belmont)	Offers durable medical equipment (wheelchairs, rollators, canes, shower benches, etc.) for adults and disabled minors. Funding will expand program and be used to pay warehouse rent, cleaning supplies, tools for repairs, printing costs for brochures, promotional events, and some reimbursement for transportation expense (gasoline).
Adolescent Counseling Services - Outlet Program	\$35,000	N/A	N/A	N/A	Mental Health	San Mateo County	Youth mental health counseling for LGBTQIA+, education and leadership development. Funds will help maintain program by funding therapy, support, education, consults and outreach.
Acknowledge Alliance - Collaborative Counseling Program	\$30,000	N/A	N/A	N/A	Mental Health/ Preventive	Peninsula Bridge Program ("94002, 94401, 94402, 94403")	Onsite mental health counseling to students attending high schools in Sequoia High School District. Maintain an existing program. Program services are delivered by licensed LMFT, PsyD, & PhD professionals. Funds used towards the salary of direct service staff.
Anew Vista Community Services - Building Tech Champions	\$30,000	N/A	N/A	N/A	Healthy Aging	Northern San Mateo County	Provides seniors with equal access to tech. Serving over 150 in-person and online courses combined with hands-on coaching w/ in-home and remote support. Funding would allow organization to hire more teachers, create more awareness materials, and target underserved populations that can benefit from its services. Would allow organization to maintain commitment to providing free access to most of its classes. Organization estimates it will serve at least 200 new families/individuals in PHCD. Organization has scalable model that allows it to grow services without increasing its labor costs proportionally.
Animal Assisted Happiness	\$10,000	N/A	N/A	N/A	Mental Health	Crocker Middle School, Peninsula Bridge, The Nueva School, Menlo School, Ralston Middle School	Offers stress relief visits to schools during finals week by bringing rabbits, guinea pigs, chicken and goats to schools. Funding would help pay for all things that go along with running a small farm including: animal care, food, transportation. .

Orange - new organization; Green - 2 year grant proposal							
Organization Name - Program Title	Funding Request	Awarded Prior Yr.	Years of Funding	Report Submitted	Focus Area	Service Area	Program Description
BACHAC - Community Mammogram Program	\$35,000	\$30,000	3	Yes	Preventive	San Mateo County (San Mateo base)	Education and free mammograms to individuals who are unable to access screenings due to lack of insurance or other barriers. Funds would maintain program and be used to provide training and compensation for Community Health Outreach Professionals, educational & support materials (fliers, etc.), stipends for speaker workshops, digital marketing campaign, & sponsorships on culturally relevant educational opportunities (i.e. Breast Cancer & African Americans Conference & BACHAC's Wellness Where You Are Session).
Boys & Girls Club	\$60,000	\$15,000	11	Yes	Mental Health, Equity, Preventive	Lead Elementary, Sunnybrae Elementary, San Mateo Park Elementary	Preventive mental health services and physical fitness activities for K-8. Addresses critical health & wellness needs with daily hot meals, social & emotional learning, fitness & nutrition classes, & family engagement. Funding will support organization's direct service staff who will deliver athletics & mental health programs, while expanding BGCP's presence in San Mateo's underserved communities.
Breathe CA - Seniors Breathe Easy	\$20,000	\$0	6	No	Preventive/ Healthy Aging	San Bruno, Millbrae, Burlingame, San Mateo, & Foster City	Health education, nutrition, screenings, and physical activity for seniors. Funds will be used to maintain and expand the program and help support project-specific personnel costs for staff who outreach & coordinate with community organizations and senior centers. Funds will also be used to implement activities, development/translation, printing, and/or purchase of community education materials travel expenses to provide presentations on-site and other program related expenses.
Burlingame Park & Recreation Center - Let the Sunshine In	\$50,000	N/A	N/A	N/A	Healthy Aging	Burlingame	Outdoor physical health activities, social interaction, and mental well-being for seniors. Funds will launch and help the program grow over the next year. Plan to allocate 30% of grant for transportation, 5% for activity materials & equipment, 50% for expert guides & instructors, 10% for meals & refreshments, and 5% for marketing & promotional materials.
Burlingame Scottish Rite Childhood Language Center - Speech Goals	\$30,000	N/A	N/A	N/A	Equity/ Mental Health	Redwood City, San Mateo, South San Francisco	Speech, language and occupational therapy for children. Funds will be used to expand the program and pay for therapy for for children residing within the PHCD. Funding would provide 240 therapy hours over a 12 month period & add approximately 13 new children to the program.
Call Primrose	\$20,000	\$45,000	3	Yes	Equity/ Preventive Health	Burlingame, San Mateo, Millbrae, San Bruno, Hillsborough, Foster City, Brisbane, SSF	Year-round food pantry for low income individuals and families, using a choice based distribution model to empower families and reduce waste. Funding would be used to maintain rapidly expanding grocery pantry program and specifically assist in purchasing the necessary items needed to supplement food donations received from partner organizations.

Orange - new organization; Green - 2 year grant proposal							
Organization Name - Program Title	Funding Request	Awarded Prior Yr.	Years of Funding	Report Submitted	Focus Area	Service Area	Program Description
Caminar - Medication Assistance Program		\$60,000	9	Yes	Mental Health	San Mateo County	Medication assistance program. Provides in-home and remote medication guidance to those with mental illness and co-occurring physical conditions. Funds would maintain program and used to supplement the LVN & supervising nurse salaries and to purchase medi set supplies for clients.
California Clubhouse - Work-Ordered Day	\$40,000	N/A	N/A	N/A	Mental Health	San Carlos, San Mateo	Empowers people who live with mental illness through community, work, friendship, resources, support. Members have the opportunity to participate in all the work of the Clubhouse (administration, research, enrollment & orientation, reach out, hiring, training, & evaluation of staff, public relations, advocacy & evaluation of Clubhouse effectiveness. Funds would expand services in new location to increase the number of members and staff.
Casa of San Mateo	\$30,000	N/A	N/A	Yes	Mental Health	San Mateo County	Mental health support of children in foster care and the juvenile justice system through mentorship, education, and resources. Funds will maintain current program and help extend partnerships with organizations specializing in mental health training to offer more trainings, devoting staff hours to facilitate & evaluate trainings and discussion groups, create/disseminate/manage mental health resource guide, investment in software, training supplies, & mental health professional development.
Catholic Charities	\$50,000	\$45,000	14	Yes	Health Aging	San Mateo County	Licensed adult day program for frail seniors and adults with disabilities. Program will address health disparities by providing respite care support, education & support to family caregivers in order to keep low-income seniors living in their homes and among their community. Funds would continue services and help support ongoing operating expenses associated with sustaining services at the necessary level to support Seniors with a hybrid model onsite programming & virtual caregiver supports. Funding would also allow program to continue making individual wellness calls to ensure mental & physical wellbeing of clients and to recognize and/or prevent health issues before they arise.
Center for Independence of Individuals with Disabilities	\$50,000	N/A	N/A	N/A	Healthy Aging	San Mateo County	Provides independent living support, community resources, disaster preparedness, advocacy systems change, housing preservation, work incentive planning assistance, and youth services. Funding would allow organization to maintain and expand programming for an additional 125 people. Funding would allow organization to have an inventory of equipment for the community members (such as shower bars, new batteries for wheelchairs, or small ramp for client's house).



Orange - new organization; Green - 2 year grant proposal							
Organization Name - Program Title	Funding Request	Awarded Prior Yr.	Years of Funding	Report Submitted	Focus Area	Service Area	Program Description
City of Millbrae Recreation Dept - Pickleball & Ping Pong	\$10,500	N/A	N/A	N/A	Preventive	Millbrae	Offers a safe space for individuals of all ages and backgrounds to engage in physical activity and social interaction to improve overall health and reduce health disparities through a pickleball and ping pong program. Funding would be used to purchase four new pickleball nets, balls, and paddles and to purchase new ping pong tables, nets, and paddles.
City of San Mateo Parks & Recreation Dept - Health & Wellness Fair	\$10,000	N/A	N/A	N/A	Preventive	San Mateo	Health screenings, info, resources and immunization services. Funding would be used for event supplies, healthy snacks, marketing, staffing and costs for immunization & screening services.
Coastside Adult Day Health Center	\$25,000	N/A	N/A	N/A	Healthy Aging	San Mateo, HMB, San Bruno, SSF, Pacifica, Burlingame, Foster City	Only adult day health center in SMC to provide congregate health care services for the frail, elderly, disabled. Offers nursing and personal care, physical, occupational and speech therapy, nutrition and social services. Funding would allow organization to maintain & expand existing program. Funds would be spent in the following manner: \$5,000 for Activity department, \$5,000 for Nursing, \$5,000 for Food, \$5,000 for Transportation, & \$5,000 for Physical Therapy.
Cora	\$45,000	\$45,000	8	Yes	Mental Health	San Mateo County	Family-centered mental health program provides free, trauma-informed evidence based counseling for domestic violence survivors and their children. Funding will be used to maintain program and supplement the salaries of a Mental Health Clinician; 10% will be used towards program costs; and 7% for indirect admin.
Each Green Corner	\$56,000	N/A	N/A	N/A	Preventive / Equity	Portola Elementary, Allen Elementary, Bridge Program at SMUHSD	Educates and assists community members in growing sustainable, permaculture-inspired and culturally diverse food gardens that emphasize biodiversity. Gardens produce food for donation at local non-profits. Funds will expand existing program to 3 new school sites and expand Farmers' Market project. Funds would be used to support 2 Food Systems Educators who will be implementing the programs, deliver curriculum, lead student activities, collect donated produce, and offer garden-related demonstrations.
Edgewood - Kingship Family	\$35,000	\$45,000	12	Yes	Preventive, Healthy Aging	San Mateo County	Multi-generational mental health services. Services are provided in-person and online. Funds would help maintain program & help expand client census back to pre-pandemic level. Funding would support salaries for key staff including Community Health Nurse, Director of Family Support Services, mental health clinicians, & Kinship Resource Specialist. 13% annually would support operating expenses - outreach & marketing, staff & client travel, food, and medical supplies.

Orange - new organization; Green - 2 year grant proposal							
Organization Name - Program Title	Funding Request	Awarded Prior Yr.	Years of Funding	Report Submitted	Focus Area	Service Area	Program Description
First 5 - Help Me Grow		\$60,000	5	Yes	Preventive, Equity, Mental Health	San Mateo County	Provides information on child development, links families to community-based services, and empowers families to support their children's healthy development. Funding would maintain existing program and be used to support families & providers of young children to access resources & support for their children's development. Specifically, funding will augment staffing for Core Components of program - Family & Community Outreach, Child Health Care Provider Outreach, & Centralized Access Point.
Foster City Village - We Care	\$10,000	\$10,000	6	Yes	Mental Health, Healthy Aging	Foster City, and parts of San Mateo (94404)	Offers seniors who are isolated or alone with home visits from volunteers. Activities include: cooking a meal, working on a project, going out to lunch, etc. Any personal care concerns are shared with the director for follow-up. Funding will assist in maintaining and expanding program. Funds will be used to recruit volunteers for specialized services, vetting costs, compensation for an expert trainer, reimbursements to volunteers for gas, outing costs, recognition awards/rewards, data acquisition+H25+H26
Fresh Approach	\$35,000	\$10,000	6	Yes	Preventive	San Mateo, San Bruno	Group-setting nutrition classes, in-person food demonstrations, community outreach to raise awareness. Funds will expand the program and used to coordinate & host VeggieRx classes, food demonstrations, and to support costs for VeggieRx Vouchers & outreach materials.
Friends of Youth	\$52,000	\$20,000	8	Yes	Mental Health	San Mateo, Foster City	Offers mentorship and community relationships to over 3,000 youth to help address rising dropout rates for low income BIPOC students. Funds will be used to maintain and expand mentoring program in San Mateo & Foster City. Funds will be used for costs associated with 1-to-1 Program (\$22,000); Group Program Manager (\$10,000); Aragon High (\$10,000); Borel Middle School (\$5,000); & Sunnybrae Elementary (\$5,000).
Gellert Health Services - Behavioral Health Care Navigation Program	\$60,000	N/A	N/A	N/A	Mental Health	94010,94011,94030,94066,9401,94402,94403,94404 (Daly City based)	Provides integration of behavioral health services into primary care and addresses mental health prevention needs through screenings, referrals and translation of mental health education. 90% of mental health services are via telehealth. Funding would be used to subsidize and expand the existing program with a focus on serving Peninsula residents.
Healthier Kids Foundation	\$30,000	\$25,000	6	Yes	Preventive	San Bruno Park School District	Screenings to detect hearing issues in children and provide prevention early. Funds would maintain services and be used to plan & send screeners to sites, utilize Salesforce & equipment to screen and store all data, allocate referral results to parent advocates & allow them to assist parents in accessing care for their children.

Orange - new organization; Green - 2 year grant proposal							
Organization Name - Program Title	Funding Request	Awarded Prior Yr.	Years of Funding	Report Submitted	Focus Area	Service Area	Program Description
Hope Services	\$60,000	N/A	N/A	N/A	Mental Health	San Mateo	Provides increased access to specialty mental health services for low-income or very low-income ppl with developmental disabilities. Funding will be used to cover the cost of architectural fees (\$8,000); HVAC ducting modifications (\$3,475); "roughing in" electrical receptacles & lighting (\$6,800); "roughing in" data cables (\$2,500); framing offices - sill plates & top plates to existing flooring, & t-bar grid (\$8,300); installing electrical for offices - including lighting & receptacles and data, if necessary (\$2,200); installing doors & windows, sheetrock, tape, texture, PVA prime & paint (\$24,080); indirect costs (\$4,645).
Izzi Early Education	\$20,000	N/A	N/A	N/A	Preventive/ Equity	San Mateo County	A mobile vision screening program for at-risk youth in the program. Expansion into San Mateo County. Funding would expand program and be used to pay the contractors with the expertise to conduct quality mobile vision tests.
Immigrant Legal Resource Center	\$60,000	N/A	N/A	N/A	Equity	San Mateo County	Free or low-cost immigration legal services to children, families and older adults. Funding would maintain program and used to support the provision of immigration legal services, outreach, and referrals in San Mateo County.
Jasper Ridge Farm - Wellness Buddies	\$20,000	N/A	N/A	N/A	Mental Health	Located in Portola Valley	Therapy sessions with support animals for children and youth. Funding would maintain program and be used to support program expenses (i.e. Animal feed & bedding, Equipment & supplies).
Jewish Family & Children Services	\$30,000	\$25,000	13	Yes	Health Aging		Provides improved quality of life for older low-income adults living with dementia through early detection, intervention, and education. Funding would maintain program and be used to help organization deliver an array of dementia care services to clients living in PHCD's geographic area. Funds will also support in-home respite for family caregivers.
Justice at Last	\$30,000	\$15,000	3	Yes	Mental Health	Burlingame, Millbrae, San Bruno, San Mateo, SSF	Mental health support to survivors of human trafficking to help prepare them over the course of their legal matter. Funds would maintain organization's trauma-informed services to compliment program. Funds would be used to provide direct services, provide crisis stabilization, and increase access to professional services. Portion of funds would be used for training organization's Advocates & Attorneys in trauma informed support services.
Kara	\$25,000	\$15,000	2	Yes	Mental Health	San Mateo County (San Mateo, Palo Alto)	Bereavement support services through peer support therapy, crisis response, grief training, grief camp, and community support events. Funding would maintain program and be used to fund staffing and program costs associated with key programs.

Orange - new organization; Green - 2 year grant proposal							
Organization Name - Program Title	Funding Request	Awarded Prior Yr.	Years of Funding	Report Submitted	Focus Area	Service Area	Program Description
Latino Commission	\$20,000	\$20,000	9	Yes	Mental Health/ Equity	San Mateo County (San Bruno)	Substance use disorder outpatient program with a focus on mental health prevention and psycho-educational programming to prevent a relapse, improve health and stability. Services are hybrid virtual and facility-based. Funding would be used to maintain current program and be used to pay for 120+ contracted hours of a professional mental health therapist (LCSW) who provides mental health assessments, individual mental health therapy sessions, & small group psycho-educational presentations. Funds would also be used for indirect costs (12%).
Life Moves	\$35,000	\$30,000	6	Yes	Mental Health	San Mateo	Free behavioral health services to meet unique needs of homeless adults and children to eliminate disparities in access. Funding would maintain existing program and used to support personnel expenses, program expenses, and allocated indirect costs. Staffing for program includes a Director of Behavioral Health and an Associate Director of Behavioral Health. Program expenses consist of practicum students (interns) who provide the direct client services and receive stipends of approximately \$300/month. Program supplies also include materials for trainings and for specialized therapy services. Indirect costs cover administrative functions such as HR, Finance, and Development department costs.
Millbrae Elementary School	\$60,000	N/A	N/A	N/A	Not stated	Millbrae	Licensed vocational nurses to children with juvenile diabetes, feeding tubes, autoimmune conditions and chronic diagnoses. Funding would maintain and enhance services currently provided and be used to fund a portion of the compensation for an additional LVN in school district.
NAMI San Mateo County - Youth Services & Programs Expansion Project	\$25,000	N/A	N/A	N/A	Mental Health	San Mateo County	Youth mental health services - ending the silence, NAMI Connection Youth Teen Support Group, APEALS, Youth Advisory Board Formation, Virtual Counseling and collaborative partnerships with middle and high schools. Funding would expand youth services and programs and be used to support project's 2 key phases - implementation and outreach.
NCEFT	\$20,000	\$20,000	4	Yes	Mental Health	Woodside	Provides small group activities delivered through workshops and summer camps that include mindfulness exercises, meditation, journaling, caring for horses, engaging with nature and cultivating relationships with other participants. Funding would maintain program and be used to offset direct program-related expenses such as staff salaries, program supplies, horse expenses, and direct facility expenses.

Orange - new organization; Green - 2 year grant proposal							
Organization Name - Program Title	Funding Request	Awarded Prior Yr.	Years of Funding	Report Submitted	Focus Area	Service Area	Program Description
North East Medical Services	\$60,000	\$40,000	1	Yes	Equity	Northern SMC - Daly City	FQHC dental services to low-income and underserved communities looking to open a new clinic in Daly City. Funding would increase services and be used to purchase dental equipment and technology to support the opening of new dental clinic and provide care & resources.
One Life Counseling (Mental Health, Music and Memory)	\$60,000	\$50,000	5	Yes	Mental Health/ Equity	Burlingame, Redwood City, San Carlos	Free to low cost culturally and linguistically competent mental health counseling program for individuals who are economically challenged. Therapists provide therapy in 8 different languages. Funding would expand program and be used to pay for additional therapy hours to meet the high demand. Funds will also serve Undocumented Unaccompanied Minors (UUM) seeking asylum. Some funding will also be used to advertise counseling services within low-income PHCD neighborhoods.
One Step Beyond, Inc.	\$10,000	\$5,000	1	Not Completed	Preventive	San Carlos	A day training program that supports adults affected by physical and developmental challenges to participate in team sports. Funding would launch program and be used to purchase materials necessary to facilitate programming. Specific costs would include sports equipment, venue rental or admission fees, jerseys, & other team fees/costs.
Ombudsman Services of SMC - Long Term Care Ombudsman Program	\$90,000	N/A	N/A	N/A	Healthy Aging	San Mateo County	Advocates for quality of life in residential care. Funding will maintain and expand programs and be used to assure the protection of 5,073 LTC residents in the PHCD service area through advocacy, direct intervention, and education.
Peninsula Bridge	\$35,000	\$25,000	5	Yes	Mental Health	San Mateo, Palo Alto	Offers 1:1 counseling, parent/caregiver sessions to support student, and group parent mental health education workshops to 100% free and reduced lunch eligible students. Funding would maintain and help expand program for the 204 students & 204 parents or caregivers who reside in the district. Program budget was increased to expand LMFT hours.
Peninsula Family Services	\$45,000	\$40,000	10	Yes	Healthy Aging	Daly City, San Mateo, RWC, Pacifica, HMB	Weekly 1:1 group support and companionship for members aged 55+ to help manage transitions and life changes such as health concerns, mobility issues, caregiver needs and grief. Funding will maintain program and be used to help fill the gap in annual budget for critical expenses such as staff salaries and consultant fees.

Orange - new organization; Green - 2 year grant proposal							
Organization Name - Program Title	Funding Request	Awarded Prior Yr.	Years of Funding	Report Submitted	Focus Area	Service Area	Program Description
Peninsula Family YMCA	\$60,000	\$40,000	6	Yes	Preventive	San Mateo County	Offer health classes and workshops at no cost - Diabetes Prevention Program, Brain Health Program, Community Movement Classes, Health Eating Living Workshops. Funding will maintain offsite community movement exercise class program, maintain the relevant cohorts of YMCA's Diabetes Prevention Program, and maintain HEAL workshop program. Funds will be used to compensate personnel.
Peninsula Jewish Community Center - Pink Power	\$15,000	\$10,000	9	Yes	Preventive	Foster City	A 1:1 innovative exercise training program developed specifically to address the needs and enhance the recovery for post-operative breast cancer survivors. Funding would maintain and expand program and be used to support PHCD residents with financial need. Funds will also help expand the program by hiring 2 additional breast cancer certified trainers - to extend evening/weekend training options; expand reach of complimentary virtual/in-person BC Fit classes; and pilot a hybrid 1:1 program option.
Peninsula Volunteers Inc (Rosener House, Meals on Wheels, Anniv Gala)	\$60,000	\$50,000	9	Yes	Healthy Aging	Menlo Park	Meals on Wheels increases food security and provides access to nutritious food through home delivered meals and nutritional education. Funding will maintain program and expand to serve more clients. Funds will be used to fully subsidize 48 Meals on Wheels clients for one year - based on the cost of planning, preparing, and delivering the meal.
Planned Parenthood	\$50,000	N/A	N/A	N/A	Preventive	San Mateo County	Provides sex education and outreach programs on how to prevent STIs and unintended pregnancy. Funding would maintain and expand programs. Project budget includes expenses such as personnel, licensing and training for staff, and program supplies or incentives for participants.
Rebuilding Together Peninsula	\$30,000	\$20,000	8	Yes	Healthy Aging	San Mateo County	Completes free critical repairs and home safety modifications for low-income seniors wishing to age in place and reduces the risks of accidents or falls. Funding will help maintain services and be used to support program costs such as staff, materials, & supplies in order to build 100 homes over the next year (at least 10 will be in PHCD).
San Bruno School District	\$75,000	\$75,000	\$10	No	Mental Health / Prevention	San Bruno	Wellness coordinator that will facilitate mental and preventative health activities and programming to students, staff and families. Funding will maintain and expand program and be used to fund the Wellness Coordinator position.

Orange - new organization; Green - 2 year grant proposal							
Organization Name - Program Title	Funding Request	Awarded Prior Yr.	Years of Funding	Report Submitted	Focus Area	Service Area	Program Description
San Mateo Age Friendly Task Force - Intergenerational Games Project	\$20,000	N/A	N/A	N/A	Healthy Aging	San Mateo	Will utilize intergenerational games to increase socialization and connectivity to bring older and younger people from diverse backgrounds to promote mental stimulation, social interaction and physical activity. Funds will be used to retain a part-time facilitator; rent venues; and equipment for game events; purchase games and related equipment - including video and board games; pay for food/drink at game events; and for outreach/publicity.
San Mateo County Health Foundation - Caring Hands in Health	\$150,000	\$20,000	3	Yes	Preventive, Equity, Mental Health	San Mateo	Provide financial assistance to SMMC patients/families and/or caregivers experiencing housing instability. Funding will expand the program to provide financial aid to PHCD populations in need.
San Mateo Police Activities League	\$60,000	\$30,000	9	Yes	Mental Health, Equity, Preventive	San Mateo/Foster City School District	Family support, education, mental wellness program that emphasizes early intervention and developing students' social, emotional and behavioral skill sets. Funding will maintain program and be used to pay for the cost of therapy and screening, which will be provided by an Associate Marriage and Family Therapist (AMFT).
Second Harvest of SV		\$50,000	9	Yes	Preventive	San Mateo, Foster City, Millbrae, San Bruno, Burlingame	Distributes over 9 million pounds of food so that residents can access nutritious foods and nutrition education. Funding will maintain program and be used to purchase nutritious foods that will be distributed free of cost to low-income clients.
Starvista	\$60,000	\$40,000	12	Yes	Mental Health	San Mateo County	Provides a comprehensive mental health and substance use prevention and treatment for youth through its Insights and Crisis Intervention and Suicide Prevention Center programs. Funding will maintain program and be used for personnel costs (salaries, benefits, etc.); operating costs (office & program supplies, rent mileage reimbursement, trainings, etc.); and a small portion for administrative costs.
The HEAL Project	\$25,462	N/A	N/A	N/A	Preventive	San Mateo County	Field trip program to an educational farm in Granada that will provide lessons focused on health literacy. Funding will maintain program and be used to pay for education personnel (\$18,786); program supplies - cooking ingredients & seeds (\$480); tools & equipment - wheelbarrows & kitchen tools (\$940); bus stipends for high need schools (\$3,200); non-program staff time for reporting & outreach (\$1,056); and administrative supplies - printer ink, stationary materials, & laminate sheets (\$1,000).
Via Heart Project	\$31,900	\$35,000	7	Not Completed	Preventive	San Mateo Unified High School District	Prevention and treatment of sudden cardiac arrest through AED. Funding will maintain and expand services and will be used to purchase 11 additional AEDs to be placed throughout the San Mateo Unified School District. Also, to replace 10 AEDs that are at the end of their life cycle.