



<b>SPECIAL BOARD OF DIRECTORS MEETING MINUTES</b> <b>Thursday, April 25, 2024</b> <b>1819 Trousdale Dr. Burlingame, Ca 94010</b> <b>(Classroom)</b>		
<u><b>Directors Present</b></u> Vice-Chairman Pagliaro Director Navarro Director Sanchez	<u><b>Directors Absent</b></u> Chairman Cappel Secretary Zell	<u><b>Also, Present</b></u> Jei Africa, Director, Behavioral Health & Recovery Services San Mateo County Health, and Nancy Magee, Superintendent, San Mateo County Office of Education, Dao Do, Director, Peninsula Volunteers Inc.- Rosener House Adult Day Services

**1. Call to Order and Roll Call:** Vice-Chairman Pagliaro called the meeting to order at 6:39 p.m. Roll call attendance was taken. A quorum was present.

**2. Public Comment on Non-Agenda Items:** No public comments were offered.

**3. Report Out From Closed Session: 4/16/2024 & 4/25/2024:** Vice-Chairman Pagliaro stated that the Board held discussions reviewing the ongoing negotiations with the PWC developers during the closed session meetings on 4/16/2024 and 4/25/2024.

**4. Consent Calendar: ACTION**

- a. Board Meeting Minutes - March 28, 2024
- b. Checking Account Transactions - March 2024
- c. Treasurer's Report -March 2024
- d. Q3 FY 2023-2024 Unaudited Financials
- e. Q3 FY 2023-2024 Investment Report
- f. Resolution 2024-01: Resolution to Borrow for New Credit Card

**Motion to Approve Consent Calendar as Presented**

**Motion: By Director Navarro; Director Sanchez**

**Vote: Ayes – Pagliaro, Navarro, Sanchez**

**Noes: 0**

**Abstain: 0**

**Motion Passed: 3/0/0/2**

**5. New Business:**

**a. United for Youth: Blueprint for School and Transition-Age Youth Well-Being: Jei Africa, Director, Behavioral Health & Recovery Services San Mateo County Health, and Nancy Magee, Superintendent, San Mateo County Office of Education**

**Presentation Highlights**

**Project History & Context**

- Coalition for Safe Schools and Communities formed in 2012 after Sandy Hook tragedy, helping produce many safety and mental health responses for youth
- Recent state and national concern about youth mental health and well-being
- Multiple State initiatives to address youth well-being
- United for Youth conceived by the Coalition and agency leaders as an inclusive process to understand the landscape and assess ways to address gaps by leveraging existing and new opportunities

**Project Goal**

To update shared understanding of the behavioral health needs of children and youth in San Mateo County via a process that employs a holistic approach that aligns strategies prioritizes collaboration and embraces accountability to achieve equity with the goal of adopting a plan of action to improve youth behavioral health and well-being.

**Project Leadership**

**Steering Committee**

- Co-chaired by Nancy Magee, Superintendent of Schools, and Jei Africa, BHRS Director
- 21 other representatives from elected officials, County agencies, health care, and community organizations

**Work Group Participants**

- TK + Elementary Work Group
- Middle School Work Group

- High School Work Group
- Transitional Age Youth Work Group

- 15-20 participants per work group
- Co-chairs from community
- Broad inclusion and representation from:
  - County departments
  - School districts
  - CBOs (e.g., Puente, Jewish Family Services, Fred Finch, Star Vista)
  - Commissioners

### **Themes & Special Populations**

#### **Many children and youth are impacted by the mental health crisis:**

- Risks are higher for low-income, BIPOC youth and those in certain zip codes
- Although population is small, Native American/Alaska Native youth face many higher risks

#### **System-involved youth suffer more:**

- Nationally, 70% of youth in juvenile justice system are diagnosed with a mental health disorder
- Foster youth have very high rates of trauma and adversity
- Most health, BH and education risks are higher for foster youth, youth in juvenile justice, and unhoused youth

#### **LGBTQ+ youth face far higher risk for: ACEs, depression, suicidality, substance abuse.**

- Consistent across all surveys
- 77% of LGBTQ+ youth in one survey considered harming themselves in the past 12 months
- High concerns about safety and harassment in a variety of settings

### **Next Steps/What to Expect**

- Joint session of work groups April 18 to vet priorities and strategies
- Steering Committee reviews draft final plan May 30
- Forward to the Coalition for Safe Schools and Communities
- Plan of Action finalized with all key stakeholders and adopted by Coalition for Safe Schools and Communities
- Implementation will be shared across many partners
- Funding will be needed to implement many strategies and activities

### ***Q & A with Nancy Magee and Jei Africa***

***How can awareness and support services for mental health be effectively integrated into the school system to reduce stigma?***

In schools, mental health initiatives are often framed as "Social Emotional Learning Curriculum" or "SEL". Many school districts have made progress in this area, implementing SEL curriculum, particularly in response to the challenges brought on by the pandemic.

***Have there been any efforts to collect data to evaluate the effectiveness of these programs?***

The assessment methods for these programs may vary among schools, but feedback from many schools indicates that students are highly receptive to the initiatives.

**b. Special Funding Initiatives: Adult Day Services at Rosener House, Peninsula Volunteers, Inc.: Dao Do, Director, Peninsula Volunteers Inc.-Rosener House Adult Day Services**

***Request for PHCD Relief Funding***

Peninsula Volunteers Inc. is requesting funding support from PHCD to help underserved clients to be able to attend their program. Per this proposal, they are requesting that PHCD reimburse PVI Adult Day Services for \$100 per person per day. With this support, clients that are on PHCD funding will be able to attend three days per week. Those who need to attend more than three days would have to pay out-of-pocket for the extra day(s). This funding will assist community members who are unable to afford the fees for PVI Adult Day Services to participate in their Adult Day Program.

**The total funding request is \$144,000**

**Motion to Approve Funding for Peninsula Volunteers, Inc. Adult Day Program for the amount of \$144,000**

**Motion: By Director Navarro; Director Sanchez**

**Vote: Ayes – Pagliaro, Navarro, Sanchez**

**Noes: 0**

**Abstain: 0**

**Absent: 2**

**Motion Passed: 3/0/0/2**

**c. Resolution 2024-02 RE: Resolution to Declare Loneliness a Public Health Crisis: Fátima M. Rodríguez, Strategic Initiatives Director**

**A Resolution Declaring Loneliness a Public Health Crisis** is intended to raise awareness about the impacts of loneliness and isolation on individual and societal health, decrease stigmas, and create visibility and support for community members across the District who are experiencing this reality. With this resolution, PHCD declares that as a community more must be done to

build meaningful and sustained opportunities for social connection, engagement, and support, all of which contribute to achieving optimal health.

**Motion to Approve Resolution to Declare Loneliness a Public Health Crisis**

**Motion: By Director Navarro; Director Sanchez**

**Vote: Ayes – Pagliaro, Navarro, Sanchez**

**Noes: 0**

**Abstain: 0**

**Motion Passed: 3/0/0/2**

**d. Approve Transfer of Budgeted Funds and Approve Grant of \$25,000 to the Central County Fire Department for the Purchase of Automated External Defibrillators (AEDs) for Installation in Their Service Vehicles: Ana M. Pulido, CEO**

Peninsula Health Care District received a funding request from the Central County Fire Department (CCFD) to support the purchase of Automated External Defibrillators (AEDs) to equip 15 of their marked staff vehicles. Currently, they do not have AEDs in these units.

**Recommendation**

There are funds in the Community Outreach budget that are unlikely to be expended in this fiscal year; therefore, staff recommends that **\$25,000** be transferred to the Special Funding Initiatives budget to fund the purchase of AED devices by the Central County Fire

**Motion to Approve Transfer of Budgeted Funds and Approve Grant of \$25,000 to the Central County Fire Department for the Purchase of Automated External Defibrillators**

**Motion: By Director Sanchez; Director Navarro**

**Vote: Ayes – Pagliaro, Navarro, Sanchez**

**Noes: 0**

**Abstain: 0**

**Motion Passed: 3/0/0/2**

**6. Reports:**

**a. Board Standing Committees:**

Strategic Direction Oversight – May 1, 2024

Finance – May 14, 2024

Board Chair and Director Reports

**CEO Pulido** shared that in recognition of Mental Health Awareness Month, the City of South San Francisco recently honored allcove™ San Mateo with a proclamation, acknowledging the center's vital role in addressing youth mental health.

**7. Correspondence and Media**

- a. 4/1 Thank You Letter from San Mateo High School District
- b. 4/9 Thank You Letter from Mission Hospice & Home Care

**8. Adjourn: 7:36 pm**

**Written by: Voula Theodoropoulos**

  
**Approved by: Lawrence W. Cappel, Board Chairman**